# Current status of neutrinoless $\beta\beta$ decay nuclear matrix elements

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## Neutrinoless $\beta\beta$ decay

Lepton-number violation, Majorana nature of neutrinos

Second order process only observable in rare cases with  $\beta$ -decay energetically forbidden or hindered by  $\Delta J$ 





## Nuclear matrix elements for fundamental physics

Neutrinos, dark matter studied in experiments using nuclei

Nuclear matrix elements depend on nuclear structure crucial to anticipate reach and fully exploit experiments

$$egin{aligned} &0
uetaeta\ ext{decay:} \left(T^{0
uetaeta}_{1/2}
ight)^{-1} \propto \left|M^{0
uetaeta}
ight|^2 m^2_{etaeta} \ Dark ext{ matter: } rac{ ext{d}\sigma_{\chi\mathcal{N}}}{ ext{d}oldsymbol{q}^2} \propto \left|\sum_i c_i\,\zeta_i\,\mathcal{F}_i
ight|^2 \end{aligned}$$

 $M^{0\nu\beta\beta}$ : Nuclear matrix element  $\mathcal{F}_i$  : Nuclear structure factor





## Next generation experiments: inverted hierarchy

The decay lifetime is  $T_{1/2}^{0\nu\beta\beta} (0^+ \to 0^+)^{-1} = G_{01} |M^{0\nu\beta\beta}|^2 m_{\beta\beta}^2$ sensitive to absolute neutrino masses,  $m_{\beta\beta} = |\sum U_{ek}^2 m_k|$ , and hierarchy



Matrix elements needed to make sure KamLAND-Zen, PRL117 082503(2016) next generation ton-scale experiments fully explore "inverted hierarchy"

## Calculating nuclear matrix elements

Nuclear matrix elements needed to study fundamental symmetries

$$\langle \mathsf{Final} | \mathcal{L}_{\mathsf{leptons-nucleons}} | \mathsf{Initial} \rangle = \langle \mathsf{Final} | \int dx j^{\mu}(x) J_{\mu}(x) | \mathsf{Initial} \rangle$$

- Nuclear structure calculation of the initial and final states: Shell model, QRPA, IBM, Energy-density functional Ab initio many-body methods GFMC, Coupled-cluster, IM-SRG...
- Lepton-nucleus interaction: Hadronic current in nucleus: phenomenological, effective theory of QCD
   V. Cirigliano's talk



## $0\nu\beta\beta$ nuclear matrix elements: last 5 years

Comparison of nuclear matrix element calculations: 2012 vs 2017



#### What have we learned in the last 5 years?

## $0\nu\beta\beta$ decay nuclear matrix elements

Large difference in nuclear matrix element calculations: factor  $\sim 2-3$ 



## $\mathbf{0}\nu\beta\beta$ decay without correlations

Non-realistic spherical (uncorrelated) mother and daughter nuclei:

- Shell model (SM): zero seniority, neutron and proton J = 0 pairs
- Energy density functional (EDF): only spherical contributions



In contrast to full (correlated) calculation SM and EDF NMEs agree!

NME scale set by pairing interaction

JM, Rodríguez, Martínez-Pinedo, Poves PRC90 024311(2014)

NME follows generalized seniority model:

 $M_{GT}^{0\nu\beta\beta} \simeq \alpha_{\pi} \alpha_{\nu} \sqrt{N_{\pi} + 1} \sqrt{\Omega_{\pi} - N_{\pi}} \sqrt{N_{\nu}} \sqrt{\Omega_{\nu} - N_{\nu} + 1}, \text{ Barea, lachello PRC79 044301(2009)}$ 

## Heavy-neutrino exchange nuclear matrix elements

Contrary to light-neutrino-exchange, for heavy-neutrino-exchange decay shell model, IBM, and EDF matrix elements agree reasonably!





Neacsu et al. PRC100 052503 (2015)

Longer-range nuclear correlations drive light-neutrino exchange diffs. Heavy  $\nu$ 's: short-range correlations Cruz-Torres et al. arXiv:1710:07966

## Heavy-neutrino exchange and correlations

Compared to light-neutrino exchange

heavy neutrino exchange dominated by shorter internucleon range, larger momentum transfers

heavy neutrino exchange contribution from J > 0 pairs smaller: pairing most relevant

⇒ Long-range correlations (except pairing) not under control JM, JPG 45 014003 (2018) <sup>10/23</sup>



## Pairing correlations and $0\nu\beta\beta$ decay

 $0\nu\beta\beta$  decay favoured by proton-proton, neutron-neutron pairing, but it is disfavored by proton-neutron pairing

Ideal case: superfluid nuclei reduced with high-seniorities

Addition of isoscalar pairing reduces matrix element value



## Shell model matrix elements in two shells



## Ab initio many-body methods

Oxygen dripline using chiral NN+3N forces correctly reproduced ab-initio calculations treating explicitly all nucleons excellent agreement between different approaches

No-core shell model (Importance-truncated)

In-medium SRG Hergert et al. PRL110 242501(2013)

## Self-consistent Green's function

Cipollone et al. PRL111 062501(2013)

#### **Coupled-clusters**

Jansen et al. PRL113 142502(2014)



## Chiral effective field theory

Chiral EFT: low energy approach to QCD, nuclear structure energies Approximate chiral symmetry: pion exchanges, contact interactions Systematic expansion: nuclear forces and electroweak currents



## $\beta$ decay in very light nuclei: GFMC vs NCSM

Quantum Monte Carlo, No Core Shell Model  $\beta$  decays in  $A \le 10$ Pastore et al. PRC97 022501 (2018), G. Hagen et al., INT-18-1a program



## $\beta$ decay in medium-mass nuclei: IMSRG

#### TRIUMF

#### "Quenching" of g<sub>A</sub> in Gamow-Teller Decays

VS-IMSRG calculations of GT transitions in sd, pf shells Minor effect from consistent effective operator Significant effect from neglected 2-body currents



Ab initio calculations explain data with unquenched g<sub>A</sub>



From J. Holt, INT-18-1a program

## Open questions: transition operator



(f)

### Test of nuclear structure

Test of  $0\nu\beta\beta$  decay: comparison of predicted  $2\nu\beta\beta$  decay vs data, momentum transfers  $q \sim 100$  MeV:  $\mu$ -capture, inelastic  $\nu$  scattering

Shell model reproduce  $2\nu\beta\beta$  data including "quenching" common to  $\beta$  decays in same mass region

Shell model prediction previous to <sup>48</sup>Ca measurement!



$$M^{2\nu\beta\beta} = \sum_{k} \frac{\langle 0_{f}^{+} | \sum_{n} \sigma_{n} \tau_{n}^{-} | 1_{k}^{+} \rangle \langle 1_{k}^{+} | \sum_{m} \sigma_{m} \tau_{m}^{-} | 0_{f}^{+} \rangle}{E_{k} - (M_{i} + M_{f})/2}$$



many multipoles (*J* values), like  $0\nu\beta\beta$  decay

## Double Gamow-Teller strength distribution

Measurement of Double Gamow-Teller (DGT) resonance in double charge-exchange reactions <sup>48</sup>Ca(pp,nn)<sup>48</sup>Ti proposed in 80's Auerbach, Muto, Vogel... 1980's, 90's

Recent experimental plans in RCNP, RIKEN (<sup>48</sup>Ca), INFN Catania Takaki et al. JPS Conf. Proc. 6 020038 (2015) Capuzzello et al. EPJA 51 145 (2015), Takahisa, Ejiri et al. arXiv:1703.08264

Promising connection to  $\beta\beta$  decay, two-particle-exchange process, especially the (tiny) transition to ground state of final state

Two-nucleon transfers related to  $0\nu\beta\beta$  decay matrix elements Brown et al. PRL113 262501 (2014)



## <sup>48</sup>Ca Double Gamow-Teller distribution

Calculate with shell model <sup>48</sup>Ca 0<sup>+</sup><sub>gs</sub> Double Gamow-Teller distribution

$$B(DGT^{-}; \lambda; i \to f) = \frac{1}{2J_i + 1} \left| \left\langle {^{48}}\mathsf{Ti} \right| \left| \left[ \sum_{i} \sigma_i \tau_i^- \times \sum_{j} \sigma_j \tau_j^- \right]^{(\lambda)} \right| \right| {^{48}}\mathsf{Ca}_{gs} \right\rangle \right|^2$$



Shell model calculation with Lanczos strength function method Double GT resonances in one and two shells rather similar result Shimizu, JM, Yako, PRL120 142502 (2018)

## DGT and $0\nu\beta\beta$ decay: heavy nuclei



DGT transition to ground state

 $M^{\rm DGT} = \sqrt{B(DGT_{-}; 0; 0^+_{\rm gs} \rightarrow 0^+_{\rm gs})}$ 

very good linear correlation with  $0\nu\beta\beta$  decay nuclear matrix elements

Correlation holds across wide range of nuclei, from Ca to Ge and Xe

Common to shell model and energy-density functional theory  $0 \leq M^{0\nu\beta\beta} \leq 5$  disagreement to QRPA

Shimizu, JM, Yako, PRL120 142502 (2018)

## Short-range character of DGT, $0\nu\beta\beta$ decay

Correlation between DGT and  $0\nu\beta\beta$  decay matrix elements explained by transition involving low-energy states combined with dominance of short distances between exchanged/decaying neutrons Bogner et al. PRC86 064304 (2012)



 $0\nu\beta\beta$  decay matrix element limited to shorter range

Short-range part dominant in double GT matrix element due to partial cancellation of mid- and long-range parts

Long-range part dominant in QRPA DGT matrix elements

Shimizu, JM, Yako, PRL120 142502 (2018)

## Summary

Nuclear matrix elements are key for the design of next-generation tonne-scale  $0\nu\beta\beta$  decay experiments and for fully exploiting the experimental results

- Present matrix element calculations disagree Need improved calculations, guidance from other nuclear experiments
- Ab initio matrix elements in light nuclei ab initio matrix elements in ββ emitters soon!
- Double Gamow-Teller transitions pursued in RIKEN, INFN LNS, RCNP Osaka can provide very useful insight on value of 0νββ decay matrix elements



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